

## **Preparation Guidelines of Galactography / Ductography**

### ✓ Nipple Care:

Do not squeeze your nipple before the exam.

# ✓ Medication and Allergy Notification:

 Inform your physician about any medications you're taking and any known allergies, especially to barium or iodinated contrast materials.

#### ✓ Health Information:

 Notify your doctor of any recent illnesses or other relevant medical conditions.

## ✓ Pregnancy Notification:

 Always inform your doctor or the x-ray technologist if there is any possibility that you might be pregnant.

#### ✓ Avoid Deodorants and Lotions:

 As with mammography, avoid wearing deodorant, talcum powder, or lotion under your arms or on your breasts on the day of the exam.

# ✓ Clothing and Jewelry:

 You will be asked to remove all jewelry and clothing above the waist before the exam.